Syllabus for Certificate Course in Acting & Anchoring - Part time 6 months

OBJECTIVES

- To develop a complex free personality capable of taking a holistic view of total Acting process by building the course around our rich cultural heritage and aspirations
- Of contemporary Indian society and classical works such as Bharat Natya Shasta.
- To provide Acting programme with valuable insight in application, concentration, self Discipline, voice and Body control, Imagination, Self Discovery. This course emphasizes on building up sensitivity in the actors body so as to enable her to express the inner process instantaneously and effectively.

ACTING course-
A study of self and application to Acting:
This Course will endeavor to draw out, mould and redefine each individual by Extending the Actor’s apparatus of body and voice, focusing their imagination and Sensitively with their physical and emotional recourses. Increase general awareness of environment, experience and personality corroborated with techniques and skill in acting.

VOICE & SPEECH – (Common Module for Acting, Anchoring & RJ)
How voice work, (why the voice does not work)
The Freeing process (The spine, the support of breath)

BREATHING –
The source of Sound
The touch of Sound
Vibration that amplify the initial sound
The channel of Sound
Releasing voice from the body – range 4
Breathing power, the centre
Articulation of vocal development
Relaxation & breathing
Muscularity & words
The whole voice & the using of voice
Rhythm, timing and singing

1. Improvisation:
Through improvisation, silent and word oriented, students learn to see, to hear, believe, react, observe and concentrate. The fours will be on the self, The self and others and self & society
a) Its Nature & Purpose:
  □ What is improvising;
  □ Background of improvisation
Children Play's
An Actor's Training
Improvisation in Theatre & its application to Cinema and T.V and other medias
Improvisation as physical Therapy
Acting & Responding
Living & Responding
Growth of individual as a person
Growth as an Actor

b) Without using a Text:
- Beginning & Developing Improvisation
- Development of concentration & spontaneity
- Stimulating the Imagination
- Dramatic Shaping & Communication
  (Adaptation, emotion & sense of truth)
- Building Characterization
- Developing group relationships and extending awareness
- Exploring of Mood & Feeling
- Building a play from Improvisation
  (Through Practical Exercises)

c) Using Text:
- Understanding the Nature of a Dramatic Text
- Seeing the play/film as a living whole
- Understanding the kind of play
- Sensing the shape and rhythm
- Knowing the characters
- Creating the atmosphere
- Reality outside the text
- Collaborating the language & Imagery
- Relating visual to the text

2. Movement:
a) Body:
- Preparation of Bodily work:
- Warm up techniques
- Proper alignment
- Proper balance of Tension & Relaxation
- Understanding own body
- Understanding of personal mannerism
- Understanding basic movement like space, time, energy etc
- Understanding of mind, spirit & body connection
- Body loosening, stretching, turning laziness and
- Resistance to work freely
- Overcoming the inhibition & creation of group confidence
- Overcoming physical fear – falling, rolling, physical thrust, acrobatic balance
- Development of Stamina
- Energizing the body
- Playing with moods of energy

Anchoring Course syllabus: Part time 6 months

1] Television medium - History- Contemporary Television- TV as a information and entertainment medium- TV business-TV media practices. 2] TV programme design- TV programme formats- TV interviews- TV talk shows- Panel programme- Preparation for interview- Research-Types of interviews personality- Institutional- Social Issue based Preparations of briefs- take off point- questionnaire- sequencing difference between live and recorded interview- Time Management- Question construction- voice modulation- listening Skills-personality development-